

Barren River RUNDOWN

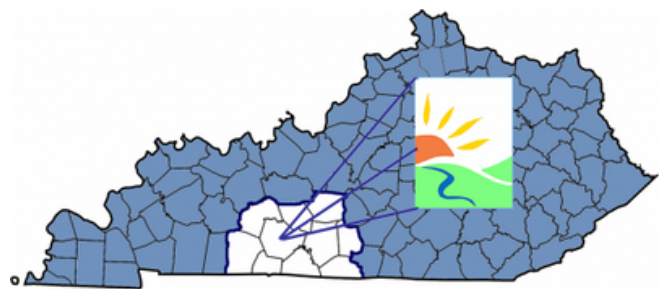
January 2025

- Human Trafficking Awareness Month
- Upcoming Meetings
- Winter Weather Preparedness
- December Snapshots
- Service Awards
- New Employees
- Employee Spotlight
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- Word Search

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Have articles or information you'd like to submit for the rundown?

Email Olivia at
olivia.mcghee@barrenriverhealth.org!



Barren River
DISTRICT HEALTH DEPARTMENT 

National

HUMAN TRAFFICKING PREVENTION MONTH

January is National Human Trafficking Prevention Month. During this month, we celebrate the efforts of organizations and citizens all around the world to raise awareness about human trafficking.

- Appear to live at their place of employment.
- Do not control their identification documents.
- Show signs of physical abuse, isolation or starvation.
- Are in the presence of an overtly controlling or concerned friend or boyfriend/girlfriend.



SIGNS OF TRAFFICKING

“

See the signs.
Make the call.

1-888-373-7888

Upcoming

MEETINGS!

“

Barren River
DISTRICT HEALTH DEPARTMENT 

District Board of Health
February 3rd, 2025
5PM, Location TBD

”

“

 **BRIGHT**
Coalition

February 4th, 2025
11:30AM to 1PM
BRADD Office

”

Disaster **PREPAREDNESS**

Prepare for Winter

Weather *Information from Ready.gov*

Preparing for Power Outages

Winter storms may bring power outages that can disrupt things like communications, utilities, transportation, stores, gas stations and ATMs, and prevent your ability to use electrically powered medical devices. It's important to be prepared for power outages.

- ✓ Keep freezers and refrigerators closed. Throw away any food that has been exposed to temperatures 40 degrees or higher for two hours or more, or that has an unusual odor, color or texture.
- ✓ If you use a generator, ONLY use it outdoors and away from windows.
- ✓ Do not use a gas stove or oven to heat your home.
- ✓ Disconnect appliances and electronics to avoid damage from electrical surges.
- ✓ Have alternate plans for refrigerating medicines or using power-dependent medical devices.
- ✓ Go to a community location with power if cold is extreme and you can't heat your home.



Click here for more information about being prepared for winter weather!

December SNAPSHOTS



Logan County Health Department exchanging candy canes and kind notes for Spirit Week!



Updated play area at Simpson County Health Department! Thank you to Susie W., Amanda R. and Tammy C. for contributing.



Ty D. sporting a handmade Simpson Co. WIC sweater for Spirit Week!



Dawn B., Tammy T. and Samantha T. twinning for pajama day!

***Do you have pictures from BRDHD or wellness-related events?
Email Olivia at olivia.mcghee@barrenriverhealth.org !***

December SNAPSHOTS



Ty D. and Tammy C.
matching in Simpson Co.
HD shirts!



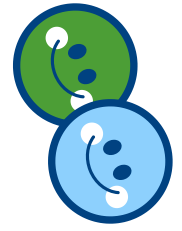
Charity C. and Madisyn S.
matching in holiday tee
shirts!



Ashli M. and Amanda R.
matching as...Ashli...for twin
day!



Olivia M. and Susie W.
matching as...each
other...for twin day!



TWIN DAY!



***Thank you to everyone pictured or not pictured who
participated in Spirit Week! You rock!***

Years of Service **AWARDS**

At the District-Wide Meeting in December, folks were recognized for their 5+ years of service in 5 year increments. Not all recipients are pictured below.

Keith Alford (20 years)
Shelly Bennett (10)
Brandy Brewster (10)
Susan Bunch (25)
Mirela Colakovic (20)
Janarae Conway (25)
Tara Coots (10)
Juliet Deligero (25)
Tyronica Dunn (5)
Jackie Garner (30)
Leeann Hennion (20)
Elizabeth Howard (5)
Tina Loy (25)
Roni Mudd (5)
Kim Ryan (5)
Amber Shrader (5)
Jennifer Stovall (5)
Cally Stuart (5)
Kathy Thweatt (15)
Brandy Trimble (15)
Rana Wigand (10)
Jill Wilson (25)



Thank you for all your years you've dedicated to BRDHD and serving your communities!

New **EMPLOYEES**



Kent Z.
Network Specialist
District



Caitlin M.
Community
Epidemiologist
District



Yulianna Y.
Support Services
Warren



Aimee S.
Dental Hygienist
District



Tabitha S.
Dental Hygienist
District



**Next time you see a new employee,
introduce yourself!**



Employee SPOTLIGHT

CD Team



CD Team

This month's spotlight is the Communicable Disease team, based at the District office! This team has shown constant dedication in helping their clients, operating the TB clinic, and maintaining a positive attitude, even when things are stressful.

Our community is healthier because of their efforts! Next time you see one of them, tell them, "You're the best!" Their hard work is very much appreciated at BRDHD.

**Thank you to everyone
who nominated
coworkers for the
spotlight!
New submissions are
currently OPEN.**



COMMITTEES

For more opportunities to work across branch and county lines, all staff are encouraged to join a committee!

Wellness - Contact Kathy T.

- Wellness Works
- Encourage healthy behaviors for staff
- Promote insurance perks

Safety - Contact Mike B.

- Incident review
- Ergonomics
- Building safety
- Identify needed trainings and support

Social - Contact Olivia M.

- Birthdays
- Special events
- District-wide meeting activities
- Explore ways for staff to connect

Retention - Contact Kim F.

- Explore ways to improve employee satisfaction
- Incentives, acknowledgement, etc.
- Identify needed trainings and support

Equity - Contact Amanda R.

- Promote ways to reach vulnerable populations
- Spread details of important community events
- Identify opportunities for equity within our policies and processes

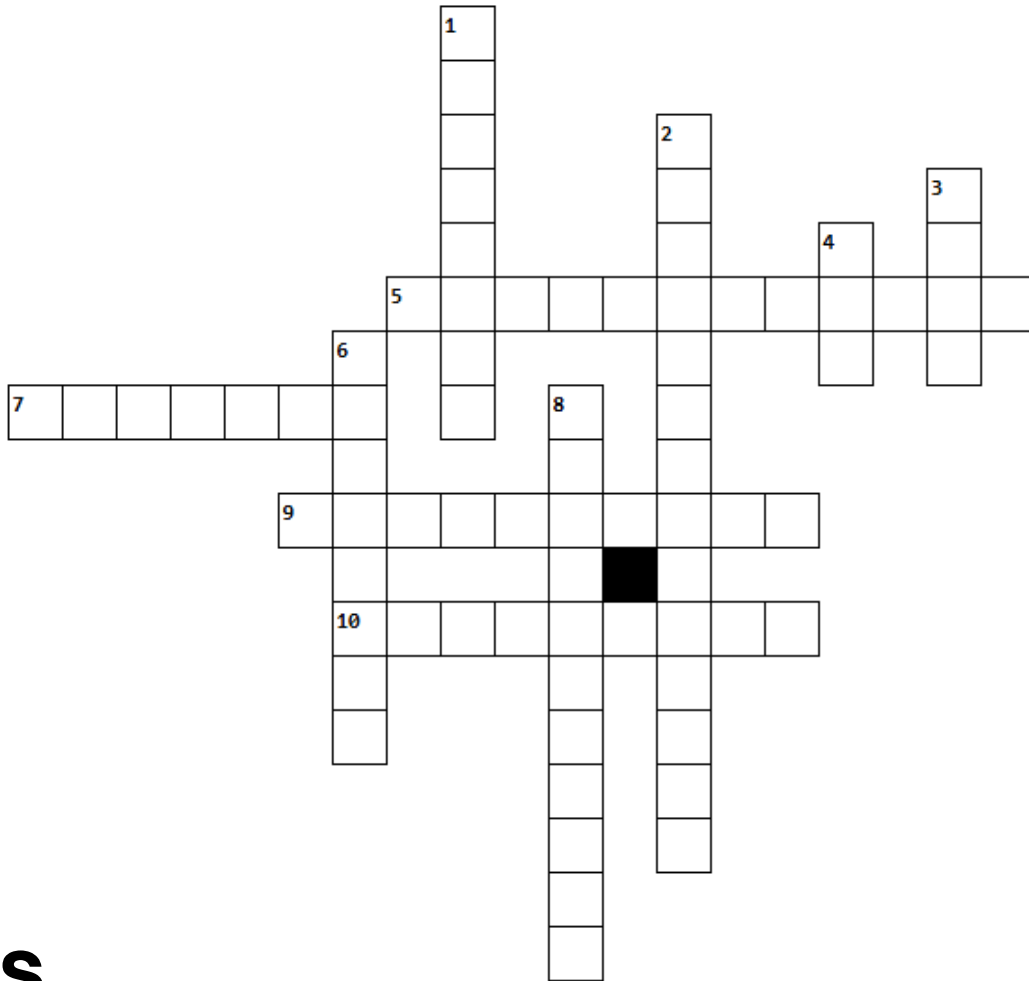
Disaster Prep - Contact Janarae C.

- Review, update and give input on preparedness plans
- Support accreditation (PPHR)
- Promote drills and update trainings
- Identify needed trainings and support



CROSSWORD PUZZLE

The first to complete and submit the puzzle to Olivia M.
will receive a treat!



CLUES

Across

5. This month's employee spotlight is the _____ disease team.
7. These awards recognize employees who have worked at BRDHD for 5+ years in 5 year increments.
9. January is Human Trafficking _____ month.
10. Have _____ plans for refrigerating medicines or using power-dependent medical devices.

Down

1. Use a generator indoors/outdoors and away from windows.
2. Those who may be human trafficked may not control their _____ documents.
3. See the signs, make the ____.
4. Do not use a __ stove or oven to heat your home.
6. The upcoming BRIGHT Coalition is _____ 4th, 2025.
8. Those who may be human trafficked may be in the presence of an overtly _____ friend.